

CASE STUDY

No More Lost Sleep Over Ransomware Attacks at Meredith

Meredith Sleep Centres uses Perimeter 81 to rapidly secure remote access and stop 100% of ransomware attacks.

“Today, Perimeter 81 is an essential part of Meredith’s IT strategy. I don’t think the company could do business without it. It’s also made the network much more agile and given us the ability to handle the unexpected .”

- Omar Matter, IT Manager



100%

Ransomware attacks stopped



3 Hours

From purchase to deployment



90%

Reduction in remote user maintenance costs



\$6,000 AUS

Saved on VPN licenses



Website: [Visit website](#)
Industry: **Healthcare**
Location: **Sydney, Australia**
Employees: **5-49**
Sites: **5**
Workforce: **50% WFH**
Network: **10% Cloud**



Sydney's Largest Sleep Disorder Clinic

The Meredith Respiratory and Sleep Centre is the largest sleep disorder clinic in Southern and Western Sydney, with four locations. The clinic's flagship state-of-the-art facility contains a modern six-bedroom clinic developed through a partnership with PHILIPS Healthcare, a world top 5 healthcare technology provider. Along with its sister unit at Waratah Private Hospital, the medical physicians, scientists, and technologists of the Meredith Sleep clinic offer personalized sleep treatment and care for various sleep studies, oxygen studies, and wakefulness tests.

Working From Home with Remote Desktop Services

In 2019-20, about one-third of the company's staff worked from home. Everyone was using Office 365 for email, but the electronic patient medical record system, the company's core business application, was located on a server in the company's internal network. All employees, except two, had company computers for work, and remote workers used Remote Access Services and the [Remote Desktop Protocol](#) to access the corporate network.

Meredith initially selected RDP as it came standard with Windows and was very easy to set up. Connecting to the network was very easy for non-techie remote users, who merely needed to enter the IP address and the password into the Remote Desktop Connection Client on their desktop, laptop, or mobile phone.

Favorite Features



Two-Factor Authentication (2FA)



Private DNS



Always-On VPN



Split Tunneling

Ransomware Attacks Become a Painful, Monthly Occurrence

Unfortunately, Remote Desktop proved to be equally convenient for hackers, especially since many well-known techniques for hacking corporate networks use the Remote Desktop Protocol.

"Because of the RDP, we were getting hacked every month," says Omar Matter, IT Manager for Meredith Respiratory and Sleep Centres. "After detecting a [ransomware attack](#), I would have to shut down the network for an hour and roll back our electronic records system using our offsite backups. Usually, we only lost an hour or two of data. But if it was a severe attack and I caught it relatively late, we could lose a full day of data."

Omar was looking at Perimeter 81, but a high-speed VPN wasn't yet a priority. That changed overnight when the hackers locked the company out of its accounting system.

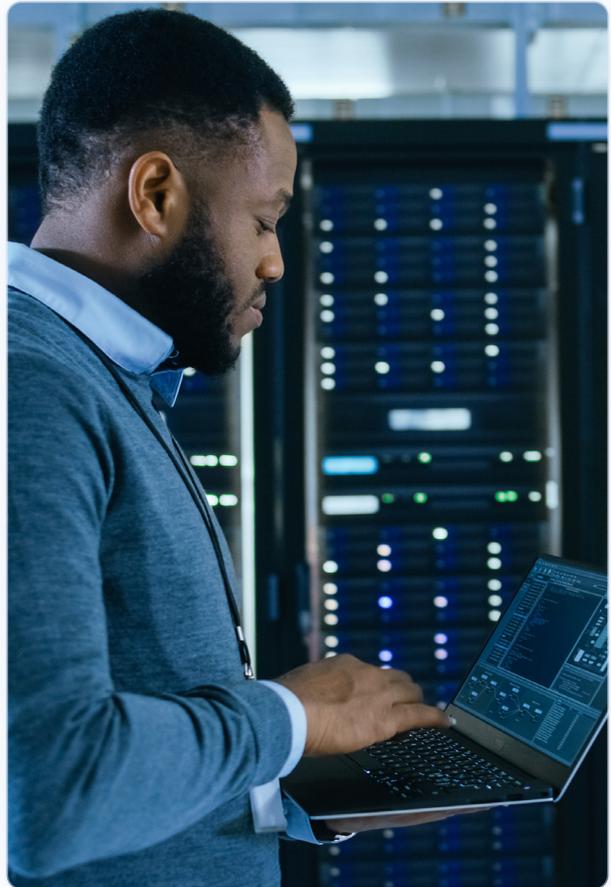
"When anything financial gets compromised, it tends to be quite critical. We needed to rapidly lock down the network and stop all offsite access until we could install an additional form of authentication. Only then could we move forward."

Zero Ransomware Attacks with Perimeter 81's Zero Trust Application Access

Omar rolled back the system and then rapidly deployed Perimeter 81 to re-enable remote access, bringing an end to ransomware attacks. "Since we switched, we haven't had any problems with ransomware attacks at all. We've had zero attacks."

The initial setup was completed within a few hours, and Omar was then able to deploy the agents to the remote users' laptops.

"We selected Perimeter 81's [Premium Plan](#) for its [Always-On VPN](#) and the ability to define up to 10 user configuration profiles. Provisioning and deployment were effortless, and it's been an awesome experience. Although Customer Support was there for us every step of the way, the system's backend GUI was so easy to use that we really didn't need them.



"For the users, the desktop Agent with Perimeter 81's Two-Factor Authentication has been very easy to use. Once we went live with Perimeter 81, users commented that they really noticed the improved performance and how rapidly they can connect to network resources wherever they are located. This is a big upside of the Site-to-Site Interconnectivity and the Split Tunneling features."

A Great Cost-Saver and Timesaver

In addition to the security and performance benefits of [Zero Trust Network Access](#), Perimeter 81 has been a great cost-saver and timesaver. Meredith no longer needs to pay \$6000 AUS a year for their VPN licenses or hardware and setup costs. Omar also works less than an hour a month on servicing Meredith's remote users—down from 10 hours or more a month.

"Perimeter 81 just works, and I don't need to take any extra steps to keep it running. That definitely saves me a lot of support time and keeps my remote users happy."

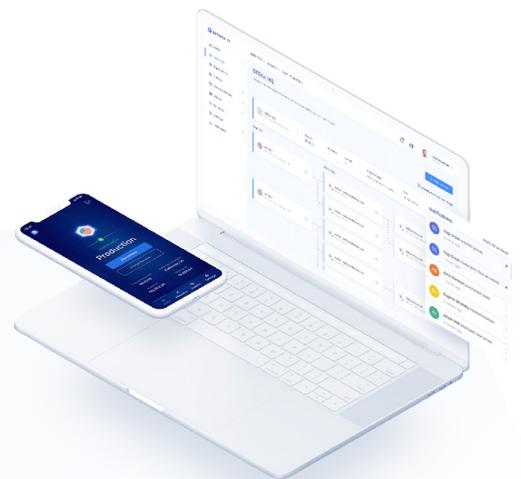
Network Agility for Covid-19 or Anything Else

As a cloud-based solution, Perimeter 81 easily scales with company growth—or when you need to make rapid changes to your network. When Australia was hit with Covid-19, all Meredith employees quickly shifted to remote work at no risk to the corporate network or its applications.

“Today Perimeter 81 is an essential part of Meredith’s IT strategy. In general, I don’t think the company could do business without it. It’s also made the network much more agile and given us the ability to handle the unexpected—whether that’s meeting the new networking regulations for medical health practices or something as huge and unexpected as Covid. Our ransomware issue was actually a blessing in disguise. If we had gone through the Covid period without Perimeter 81, we would have been in a lot of trouble.”

About Perimeter 81

Perimeter 81 radically simplifies cybersecurity with the world’s first Cybersecurity Experience (CSX) Platform. As a holistic, cloud-based solution, Perimeter 81 allows organizations of all industries and sizes to support the immediate desires of the nomads with a purpose—while still granting IT teams the ability to manage it all safely. The company was founded in 2018 by two IDF elite intelligence unit alumni, CEO Amit Bareket and CPO Sagi Gidali, and is based in Tel Aviv, the heart of the startup nation. Our clients include SMBs to Fortune 500 businesses and industry leaders across a wide range of sectors. Our partners are among the world’s leading integrators, managed service providers, and channel resellers.



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